## **Characteristics of Good Questions**

Credit to Mary Schaller, The 9 Arts of Spiritual Conversations



- 1. Good questions originate from curiosity and a genuine interest in another person.
- 2. Good questions are open-ended. Use classic openers such as *who, what, why,* and *how*.
- 3. Good questions are concise. Don't ramble; end at the question mark and then listen.
- 4. Good questions don't come out of nowhere. They connect with what is being discussed and move the conversation forward.
- 5. Good questions help people feel safe and understood. After others speak, rephrase what they said to be sure you understood their response, and give them a chance to correct you if you didn't.

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Think of someone you don't know well—a neighbor, a co-worker, a fan in the stands at a ball game. Write a question you could ask.

A Person You Don't Know Well	A Question You Might Ask

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