# Look at the Book

Scripture Dyad: Matthew 5:13 -16 and Romans 12:1-2 (NIV)

### Salt and Light

#### Matthew 5:13-16 (NIV)

<sup>13</sup> "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

<sup>14</sup> "You are the light of the world. A town built on a hill cannot be hidden.<sup>15</sup> Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. <sup>16</sup> In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

#### Transformed, Not Conformed

#### Romans 12:1-2 (NIV)

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God this is your true and proper worship. <sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

## Probing

- 1. What is a way you have shown light around you?
- 2. What are some ways your saltiness has become contaminated, lost its saltiness?
- 3. Describe a time when you saw a Christian being a living sacrifice?
- 4. Which is easier for you:
  - To keep from being conformed to the world OR
  - To be transformed by the renewing of your mind?
- 5. What are specific ways you renew your mind?